

Kids Tri-at the Y



June 12, 2010

Check in begins at 8:00 am
First event begins at 8:40 am

INFORMATION

Age 6-8

Swim 25m, Bike 1/2 miles, Run 1/4 miles

Age 9-11

Swim 50m, Bike 3/4 miles, Run 1/2 miles

Age 12-14

Swim 100m, Bike 1 mile, Run 1 mile



AWARDS

Every child who finishes will receive a Medal, T-shirt, Goody Bag, and Personal Photo!

REGISTRATION

Registration forms will be available at the front desk of the
Randolph-Asheboro YMCA May 1, 2010

**A FUN AND REWARDING EXPERIENCE
OPEN TO ALL KIDS AGES 6-14**

FREE COMMUNITY EVENT!

